# Wellness

**Free Employee Resources** 



The following programs offer you support for living a healthy life and preventing illness.
These programs are available at no cost to all employees.

#### **Benefit Perks**

This feature provides a broad array of services, discounts and special deals on consumer services, travel services, recreational services and much more. Simply access the site and register and you can begin using it now.

Learn more at: connerstrong.corestream.com

## HealthyLearn

This resource covers over a thousand health and wellness topics in a simple, straight-forward manner. The HealthyLearn On-Demand Library features all the health information you need to be well and stay well.

Learn more at: healthylearn.com/connerstrong

#### GoodRx

Compare drug prices at local and mail-order pharmacies and discover free coupons and savings tips.

Learn more at: connerstrong.goodrx.com

### **HUSK Wellness Program**

Achieving optimal health and wellness doesn't have to be complicated or expensive. Access exclusive best-in-class pricing with some of the biggest brands in fitness, nutrition, and wellness with HUSK Marketplace. HUSK features include:

- Savings on gym and fitness center memberships
- Evidence-based health and nutrition programs led by registered dieticians
- Deals on home gym equipment and wearable technology
- On-demand virtual exercise classes
- Access to licensed therapists for mental health struggles

Learn more by calling **800.294.1500** or visit *marketplace.huskwellness.com/connerstrong* 

