

TELEMEDICINE

Get quality care—
from anywhere!

Whether you're traveling out of town or you prefer to speak to a doctor from the comfort of your home, plan members have access to medical care via phone or video consultation with **Telemedicine**.



ACCESS TELEMEDICINE IN TWO WAYS:

OPTION 1: TELADOC

Teladoc's board-certified doctors are available 24/7/365 to diagnose and treat many common medical issues. Contact Teladoc anytime for non-emergency medical conditions such as:

- Allergies
- Asthma
- Pink eye
- Ear infections
- Respiratory infections
- Urinary tract infections
- Cold and flu symptoms

To contact Teladoc, call **855-TELADOC** (855-835-2362) or visit www.teladoc.com

TELADOC COST BY PLAN

HDHP OPTION	PPO OPTION
\$45 copay before deductible \$5 copay after deductible	\$15 copay

OPTION 2: DOCTOR'S OFFICE

Many providers who participate with our medical plan now offer care via telemedicine. Telemedicine capabilities, services, and hours of operation vary by doctor's office. Be sure to contact your provider directly to see whether or not telemedicine services are available to you.

